

# MENU 1

# MENU 2

# MENU 3

w/c

3 SEP

[K] CHICKEN CURRY  
OR  
[K][V] VEGETABLE CURRY  
Naan Bread, Steamed Rice and Peas  
MADELINE SPONGE  
and Custard  
OR Fresh Fruit OR Yoghurt

MONDAY

24 SEP

[K] ROAST PORK LOIN  
OR  
[V] QUORN ROAST  
Sage and Onion Stuffing, Mashed Potato,  
Broccoli  
[K] STRAWBERRY MOUSSE  
OR Fresh Fruit OR Yoghurt

TUESDAY

15 OCT

12 NOV

3 DEC

7 JAN

28 JAN

[K] CHICKEN PASTA BAKE  
OR  
[V] VEGETABLE PASTA BAKE  
Sweetcorn  
FRUITY MUFFIN  
OR Fresh Fruit OR Yoghurt

WEDNESDAY

MINCE IN GRAVY  
OR

[K] [V] COUNTRY VEG CASSEROLE  
Yorkshire Pudding, Mashed Potato, Baby Carrots  
CHOCOLATE COOKIE & MILKSHAKE  
OR Fresh Fruit OR Yoghurt

THURSDAY

FILLET OF FISH  
OR

[V] VEGETABLE NUGGETS  
Steak Fries and Baked Beans  
[K] WINTER BERRY CRUMBLE  
and Custard  
OR Fresh Fruit OR Yoghurt

FRIDAY

w/c

10 SEP

[V] CHEESE AND TOMATO PIZZA  
Potato Wedges and Sweetcorn  
[K] MARBLE SPONGE  
and Custard  
OR Fresh Fruit OR Yoghurt

MONDAY

1 OCT

ROAST CHICKEN  
OR  
[V] QUORN ROAST  
Yorkshire Pudding, Mashed Potato, Carrots  
CHOCOLATE KRISPIE SLICE  
OR Fresh Fruit OR Yoghurt

TUESDAY

22 OCT

19 NOV

10 DEC

14 JAN

4 FEB

PASTA BOLOGNAISE  
OR  
[K] [V] ROASTED VEG LASAGNE  
Crusty Bread and Peas  
FRUIT & ICE CREAM  
OR Fresh Fruit OR Yoghurt

WEDNESDAY

[K] CHICKEN TIKKA WRAP  
OR  
VEGETABLE WRAP  
Broccoli, Rice

THURSDAY

[K] ORANGE SHORTCAKE  
OR Fresh Fruit OR Yoghurt

FILLET OF FISH  
OR

CHEESE & ONION ROLL  
Steak Fries and Baked Beans  
[K] APPLE FLAPJACK  
and Custard  
OR Fresh Fruit OR Yoghurt

FRIDAY

w/c

17 SEP

[K] ITALIAN STYLE CHICKEN  
OR  
ITALIAN QUORN  
Steam Rice and Sweetcorn  
[K] SYRUP SPONGE  
and Custard  
OR Fruit Platter OR Yoghurt

MONDAY

8 OCT

[K] ROAST TURKEY OR  
[V] QUORN ROAST  
Sage and Onion Stuffing, Mashed Potatoes,  
and Carrots  
[K] OATY BISCUIT  
and Milkshake  
OR Fruit Platter OR Yoghurt

TUESDAY

5 NOV

26 NOV

17 DEC

21 JAN

11 FEB

[K] BOLOGNAISE PASTA BAKE  
OR  
[K] [V] PASTA NAPOLITAN  
Crusty Bread and Peas  
CHOCOLATE MOUSSE  
and Mandarins  
OR Fresh Fruit OR Yoghurt

WEDNESDAY

SAUSAGE & YORKSHIRE PUDDING  
OR VEG SAUSAGE & YORKS PUD  
Mashed Potato and Green Beans  
EVE'S MUFFINS  
OR Fruit Platter OR Yoghurt

THURSDAY

FISH FINGERS  
with Steak Fries, Baked Beans  
OR

VEGI BAKE  
[K] CHOCOLATE CRUNCH  
and Pink Custard  
OR Fruit Platter OR Yoghurt

FRIDAY