

**Week 1 GF/EF/DF/SF- FF**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meat Balls in Tomato Sauce (FF)</p> <p><b>School to purchase gluten free from pasta</b> Mixed Vegetables(ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Lemon Drizzle Muffin (FF)</p>	<p>Homemade Ham &amp; Cheese Pizza (FF)</p> <p>Oven Baked Wedges (ve) Baked Beans (ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Melting Moment (FF) &amp; Mandarins (ve)</p>	<p>Cooks Choice Roast &amp; Gravy</p> <p>Mashed Potato (ve) or Broccoli &amp; Baby Carrots(ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Strawberry Smoothie(FF)&amp; Fruit</p>	<p>Mild Beef Chilli (FF)</p> <p>Steamed Rice (ve) Vegetable Sticks (ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Homemade Flapjack &amp; Cream (FF)</p>	<p>Breaded Fish Fillet (FF) &amp; Tomato Sauce</p> <p>Chunky Chips(ve) Garden Peas(ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Chocolate Sponge (FF) &amp; Cream (FF)</p>

Week 2

GF/EF/DF/SF-FF

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Beef Burger Wrap (FF) &amp; Tomato Sauce</p> <p>Unseasoned Potato Wedges (ve) Baked Beans(ve)</p> <p>Fresh Fruit (ve)</p> <p>Or</p> <p>Blueberry Muffin (FF)</p>	<p>Ham, Mediterranean Bake Sauce (FF)</p> <p><b>School to purchase gluten free from pasta</b></p> <p>Sweetcorn(ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Chocolate Crackle &amp; Cream (FF)</p>	<p>Cooks Choice &amp; Gravy</p> <p>Roast Potatoes (ve) Swede and Carrot Mash &amp; Cauliflower (v)(ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Vegan Ice Cream &amp; Fruit Cocktail (FF)</p>	<p>Chicken Curry (FF)</p> <p>Rainbow Rice Mixed Vegetables(ve)</p> <p>Fresh Fruit (ve)</p> <p>Or</p> <p>Chocolate Sponge (FF)</p>	<p>Fish Fingers (FF) &amp; Tomato Sauce</p> <p>Chunky Chips (v) Garden peas(v)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Oaty Biscuit &amp; Fruit (FF)</p>

Week 3 GF/EF/DF/SF-FF

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Marinated Chicken Wrap (FF)</p> <p>Golden Vegetable Rice(ve)</p> <p>Vegetable Sticks (ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Chocolate Oat Delight &amp; Cream (FF)</p>	<p>Italian Style Bolognese Sauce (FF)</p> <p><b>School to purchase gluten free from pasta</b></p> <p>Mixed Salad (v)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Melting Moment &amp; Mandarins (FF)</p>	<p>Cooks Choice Roast &amp; Gravy</p> <p>Roast Potatoes (ve)</p> <p>Broccoli &amp; Baby Carrots (ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Fruit Jelly &amp; Vegan Ice-cream (FF)</p>	<p>"Yorkshire" All Day Breakfast (FF)</p> <p>Hash Browns (ve)</p> <p>Baked Beans(ve)</p> <p>Fresh Fruit(ve)</p> <p>Or</p> <p>Shortbread Biscuit (FF)</p>	<p>Breaded Fish Fillet (FF) &amp; Tomato Sauce</p> <p>Chunky Chips(ve)</p> <p>Garden Peas(ve)</p> <p>Fresh Fruit (ve)</p> <p>Or</p> <p>Homemade Flapjack &amp; Custard/cream (FF)</p>