

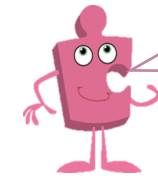


# Welton Primary School – PSHE Knowledge Organiser

Year: 2

Summer 2

Changing Me



Hello, My name is Jigsaw Jo.

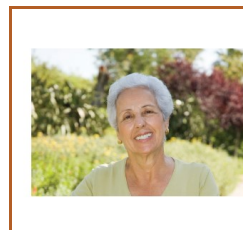
## PSHE Puzzle Piece Vocabulary

<b>Adult</b>	A person who is fully grown In the UK, an adult is 18 years old or above.
<b>Anus</b>	The opening in the bottom where waste is removed from the body.
<b>Appearance</b>	The way that someone or somethings looks.
<b>Baby</b>	A very young child.
<b>Change</b>	When something becomes different.
<b>Child</b>	A person who is too young to be an adult.
<b>Control</b>	The power to influence how something hap-
<b>Female</b>	A girl or a woman.
<b>Freedom</b>	To act, speak or think as you want to.
<b>Fully Grown</b>	To have reached adulthood.
<b>Grow</b>	To change in size and appearance over time.
<b>Growing up</b>	To become and adult.
<b>Independent</b>	To depend completely on yourself
<b>Lifecycle</b>	Series of changes on the life of a living thing
<b>Male</b>	A man or boy.
<b>Old</b>	To have lived for a long period of time.
<b>Penis</b>	Part or the male reproduction system.
<b>Physical</b>	To do with the body instead of the mind.
<b>Private</b>	Something that isn't shown or spoken about with others.
<b>Teenager</b>	A person aged between 13 to 19 years old.
<b>Testicles</b>	Part of the male reproductive system
<b>Timeline</b>	A list of events in the order they happen.
<b>Toddler</b>	A person aged between 12 months and 3 years old.
<b>Touch</b>	Come into contact with someone or something.
<b>Vagina</b>	Part of the female reproductive system.
<b>Vulva</b>	Part of the female reproductive system.
<b>Young</b>	To have lived for a short period of time.



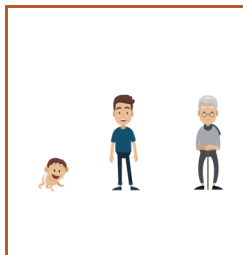
## Appreciate Changes Happen

I can explain how things around me change (weather, seasons, lessons, etc.). I can explain how I feel when these changes happen and I know that there are some changes in my life that I cannot avoid. I know that humans and animals go through a life cycle. I know that change happens and that it is important



## Growing Older

I can explain that growing older is a process that will happen to everyone and is unavoidable. I know that my face and body will change as I grow older and I will look different. I can share how someone special to me has changed [photographs could be used here].



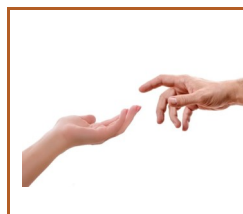
## Changes We Can't Control

I can explain how I am different now to when I was a baby. I know that I have no control over the way my body changes. I know that as I grow older my own body will change and I will encounter different experiences. I am able to listen to my partner tell me things that they are proud of, have learnt to do and can do.



## Male and Female Private Parts

I can explain what makes males and females different from each other by naming their body parts appropriately (vagina, penis, testicles, etc.). I know that males have a penis and females have a vagina. I know that to keep me safe, I need to use the correct names for my body parts. I know that any part of my body that is covered by my pants is private



## Different Types of Touch

I know that there are different things that I like to touch/not touch and I can explain my likes and dislikes. I can give a reason for my likes and dislikes. I can say which touch I like and don't like and give reasons for this.

## Questions to Support Learning

- What is a life cycle?
- How have you changed since you were a baby?
- How will you change over the next year / 5 years / 20 years?
- What changes can you / can't you control?
- Which parts are your private parts?
- Who is allowed to see them?
- What would you do if someone was touching you and you didn't like it?
- Who can you talk to if you ever feel worried or frightened? (at school / at home)
- What is your favourite part of Jigsaw lessons ?

