



Welton Primary School — PSHE Knowledge Organiser

Year: 1

Summer 1

Relationships

PSHE Puzzle Piece Vocabulary

Appreciate	Recognising the full worth of someone /something.
Belong	To be a member of a group, such as a family.
Caring	To show kindness and concern for others.
Celebrate	To be aware of the good things that people do.
Community	Sharing a common vision.
Confidence	To believe you can rely on someone or something.
Different	Not being the same.
Dislike	To not find something or somebody enjoyable or pleasant.
Family	A group of people who are related.
Feelings	An emotion.
Friendship	A relationship between two or more people.
Greeting	A way of saying "Hello".
Helpful	To be used or give help to others.
Incredible	Something fantastic.
Kind	To be friendly towards others.
Like	Find something or somebody enjoyable or pleasant.
Praise	To approve of or appreciate someone or something.
Proud	Being pleased with our own achievements.
Qualities	Characteristics that someone or something has.
Relationships	How others behave towards each other.
Same	Nothing different between some people or things.
Self belief	To believe in your own abilities.
Sharing	To give part of something you have to others.
Special	Something /someone, that's better than normal.
Skills	The ability to do something well.
Texture	How something feels when you touch it.
Touch	To come into contact with someone or something.

Different Types of Families



I can explain that all families are different and are made up differently. I can tell you what makes a family. I know that people can still be in your family but not live with you. I can say what families mean to me and that they may include my pets. I can say how my family make me feel.

Good Friends



I can explain what I like about my friends in class and other people. I can explain what qualities I like and why. I can explain that a friend is someone who helps us and does things for us. I can give other qualities of friends. I can say what makes a good friend and what I look for in a friend. I can say if I am a good friend and give examples why.

Greeting People



I know that there are different forms of physical contact. I can say which ones are appropriate and which ones are inappropriate. I can say what I like and what I don't like about different forms of physical touch. I know that it is OK to say "No".

People who can help me



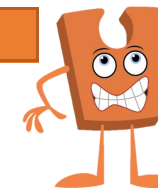
I can give examples of the people that have helped me today (e.g.: parent, doctor, teacher, friend, bus driver). I know that help can come in many different ways. I know that there are special jobs within the school community that will help me. I know that there are various people I can ask for help.

Who is special to me?



Grandma

I can tell you the people who are special to me and why. I know that telling them and doing things for them show this. I know different ways that I can show them they are special. I can tell you how it feels to have someone special.



Hello, My name is Jigsaw Jack

Questions to Support Learning

- Who is in our family? Do any of your friends have a family that is different?
- What does 'being a good friend' mean?
- Who are you good friends?
- Who do you / don't you hug?
- Who can you ask for help at school? (In the class, in the playground, in the hall)
- Can we share a Calm Me time together?
- Can we share what we both like best about our family, and what we are grateful for?

