



Welton Primary School – PSHE Knowledge Organiser

Year: 3


Autumn 1

Being Me in My World




PSHE Puzzle Piece Vocabulary

Achievements	Things that have been done well
Acknowledge	To accept something
Actions	Something a person does
Affirm	To uphold an idea or a thought
Behaviour	The way a person chooses to act or conduct themselves
Challenge	Something that makes us think
Choice	Something a person chooses to do
Consequences	A result of something that has been done
Cooperate	To work together
Dream	An ambition or hope that means a lot to someone
Emotions	A person's feelings
Fairness	To behave in a fair way
Fears	Being frightened or worried about something
Feelings	Emotional reactions
Nightmare	An unpleasant dream or experience
Praise	Approval for doing something well
Proud	To be pleased with an achievement
Responsibilities	A person's duty to do something
Rights	The legal, social or ethical needs of a person.
Solutions	Answers to a problem or issue
Teamwork	Working together with one person or more to achieve a goal.
Viewpoint	A person's opinion or point of view
Worries	To feel anxious or have a fear of something




Feeling Valued

I know that valuing myself is about knowing my worth and my achievements and remembering that I am important.
I can set personal goals and understand the goals other set.
I know that celebrating others achievements and saying what they do well makes them feel valued.




Facing Challenges

I can face new challenges positively, making responsible choices and ask for help when I need it.
I know that when I am happy I feel good about myself and others, and when I am upset and things don't seem right I feel sad. I understand that when I am frightened I have a fear of something.
I am able to identify if other people are feeling these emotions.



Right to Learn

I know that I have a right to an education and to be in a happy place.
I understand why rules are needed and how these relate to rights and responsibilities
I understand that my actions affect myself and others and I care about other people's feelings.
I understand that my behaviour brings rewards / consequences.



Others Viewpoints

I understand that rights, responsibilities, rewards and consequences form an important part of our class learning charter.
I understand the importance of friendship to help me enjoy myself, learn well and connect me to others.
I can work with others and show how the learning charter allows everybody the chance to work well together.

- ### Questions to Support Learning
- What would your 'nightmare school' look, sound and feel like?
 - What would your 'dream school' look, sound and feel like?
 - What are emotions? Can you name some different ones?
 - Can you give some examples of positive (helpful) choices that could lead to a reward?
 - Why is making someone feel welcome an important skill?
 - What are the Jigsaw Friends in your class called? How are the Jigsaw Friends used in your Jigsaw lessons
 - Can you tell me about Calm Me time?

