



Welton Primary School — PSHE Knowledge Organiser

Year: 1

Autumn 1

Being Me in My World

PSHE Puzzle Piece Vocabulary

Belonging	To be in a particular place or be with someone
Calm	To not show strong emotions or feelings
Consequence	A result of something that has been done
Disappointed	To be saddened or upset by something
Illustration	A picture or drawing
Learning Charter	A learning contract
Proud	To be pleased with an achievement
Responsibility	Doing something that is required
Reward	Something that is given for doing well
Rights	The legal, social or ethical needs of a person
Safe	To be protected from harm or danger
Special	To belong to a particular place or person
Upset	To be unhappy, disappointed or worried



Feeling Special and Safe

I can understand what feeling safe means.

I can describe some situations where I feel safe and draw a place that is safe and special to me.

I can welcome Jigsaw Jack as a friend to my class by making him feel safe and special.

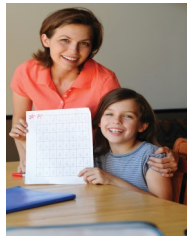


Being Part of a Class

I can describe how I like to learn and share this with others.

I can identify the **rights and responsibilities** at school that are important for my class and I to learn happily.

I know that it is important to follow the rules in class so that everyone feels safe and special.



Rewards and Feeling Proud

I can identify things that make people proud, disappointed or upset and explain why they have these feelings.

I can share a time when I have been proud of my achievements.

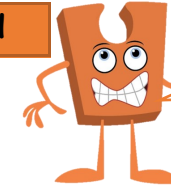
I can think of lots of different feeling words and use them to talk about how I feel.



Consequences

I can explore the word 'consequence' means and how it is influenced by different situations, like choosing to follow or break rules.

I know that a consequence can be either a good or a bad thing. I can think of suitable and fair consequences for when somebody make a wrong choice.



Hello, My name is Jigsaw Jack

Questions to Support Learning

- What do you do in class to help other children?
- What do you do to help your teacher?
- What does it feel like to be safe?
- Can you tell me something you were really proud of? How did it make you feel 'inside'?
- What sort of things does your teacher say or do when they are pleased?
- What choices can you make to be helpful and kind in school and at home?
- What are the Jigsaw Friends in your class called? How are the Jigsaw Friends used in your Jigsaw lessons?
- Can you tell me about Calm Me time?

