



### **Lunchtimes and Playtimes**

At lunchtimes, children may have a choice of a cooked meal or they may bring a packed lunch.

Children in Foundation, Year 1 and Year 2 currently are entitled to a Universal Free School Meal.

#### **School Lunches**

A menu is available on the school website and in the Reception, detailing the meals that will be provided. These are prepared by our Cook, Mrs Woodiwiss, in our own kitchen. We accommodate all dietary needs eg gluten free, vegetarian etc – please contact the School Business Manager if there is a special requirement.

The meals include a pudding (including fruit or yogurt) and a drink and there is a salad bar.

The meals cost £2.40 per day for KS2 children, and the school politely requests that parents try to make payment on ParentPay in advance of the lunches being taken.

#### **Packed Lunches**

Packed lunches need to be stored in a suitable container. Water is provided if required. Please try and provide children with a healthy lunch – sandwiches, chopped vegetables and fruit or yogurt is ideal. No sweets or confectionary are permitted in lunch boxes.

#### **Supervision**

The children are supervised at all times during the lunch period and all staff have an excellent, interested and caring relationship with the children.

#### **Healthy Schools Award**

At Welton Primary School we have been awarded the 'Healthy School Award'. This involves children, staff and parents working together to create a school that is successful in helping pupils to do their best and build on their achievements. As a 'healthy school' we have received recognition for promoting physical and emotional health of everyone in our school community.

#### **Playtimes**

At playtimes children are welcome to eat fruit. In the Foundation Stage and Key Stage One fruit is provided free of charge in accordance with the Department of Health's '5 a day' initiative. There is a fruit tuck shop in KS2 where children can buy fruit from the School Council. Sweets are not allowed in school (this includes cough sweets).

We have a wide selection of playground toys and games that the children enjoy at playtimes and lunchtimes. We use this equipment to encourage sharing and to develop games skills and increase exercise.

